

Tips Offered for a Happy Campout

Planning a camping vacation? Be sure to take caution and common sense along. That is the advice of Ruth Morgan, safety programs chairman for Southern Los Angeles communities.

Miss Morgan offered the following safety checklist for happy camping:

- Select a campsite away from steep embankments and cliffs that could be a danger to small children.
- Choose a place that offers some protection from high winds in the event of severe storm. Don't pitch tents near old trees that might blow down in a storm.
- Check your campsite for deep holes that a child might fall into.
- Show your children how to identify poisonous plants and point out their dangers.
- Make sure the drinking water is safe. Tap water in state and national parks is safe and is usually so

marked. Lakes and streams in many areas are polluted.

- Caution your children against eating unidentified berries and mushrooms or toadstools that look edible but may be poisonous.
- Wear clothing suitable for the locale, both land and water. Wear trousers or sturdy leg covering for hiking in the brush.
- Adjust slowly to the sun and avoid overexposure.
- Carry a good insect repellent. Learn from someone native to the area what dangers there are from animals and venomous snakes.
- Keep garbage in a tight-lidded container as a deterrent against animal prowlers and stinging insects.
- When you leave a campfire, douse it thoroughly with water, cover it with earth, and make sure it is out.
- Use charcoal grills only in well ventilated places.

When charcoal is burned in a closed tent or cave, there is danger of asphyxiation from carbon monoxide.

- Keep knives and axes sheathed and in a safe place when they are not in use. For efficiency, they should be sharp. For safety's sake, they should never be left lying around unguarded. When using a sharp tool, always cut away from you.
- Non-perishable foods are best for a camping trip, even if you carry your own refrigeration. Some perishable foods will spoil a few hours after their removal from a cooler.

COLLEGE REPORT

By ROBERT M. BERSI
Assistant to the President
California State College, Dominguez Hills



American colleges and universities talk a great deal about the importance of research activities they support—and justifiably so. From our campuses has come new information about Africa's resources, Latin American economics, and Oriental politics.

What many of us do not realize is that it hasn't always been so. Until the opening of Johns Hopkins University in 1876, no higher educational institution in the country considered research to be an important business—and it was well after the turn of the century before it gained much prestige.

IN THE eyes of university presidents and boards of trustees, research was a professor's own private business, much like playing the piano or collecting etchings.

For example, just about the time that Johns Hopkins got under way, one of the members of the Department of Chemistry of Harvard, C. L. Jackson, went to President Eliot with a request for a semester off, and a few hundred dollars to do a chemical investigation. Eliot asked, "What good will this do Harvard?" Jackson responded that he would write an article reporting his findings. "But there is no chemical journal in this country," said Eliot. "Where will you get it published?" "In a German journal," Jackson answered. Eliot ruled that this would do Harvard no good, and therefore Jackson got no semester off and no money.

How different the climate is today. In the past 15 years, college and university scholars have produced a dozen or more accurate translations of the more than were produced in the past 15 centuries. University researchers have helped virtually to wipe out three of the nation's worst diseases—malaria, tuberculosis, and polio. Outside of a few large cities, our colleges and universities now do the chief work in art and music.

MORE CHANGES in how men live and work will occur during the next 30 or 35 years than were produced in all previous history. There is about a hundred times as much to know now as was available in 1900. By the year 2000 there will be more than a thousand times as much knowledge of all kinds to record, sift, to store, to search out, to teach, and hopefully to use with some discrimination and effectiveness.

I assure you that, barring some world-wide calamity, there will be no halt in the growth of knowledge. Its rate of increase will spiral upward and outward in an ever increasing flood of data. The challenge this poses to our institutions of higher learning and how some plan to cope with it will be the subject of subsequent essays.

Five Get Posts on Committee

Five area residents were named today to the Democratic State Central Committee by Assemblyman Vincent Thomas (D-68th District).

All five were appointed to two-year terms which begin Sunday.

The appointees include James MacDonald of 827 Lagoon Ave., Wilmington; Ernest N. (Tommy) Papadakis of 28655 Roan Road, Rolling Hills; Steve Star of 635 Byrner Drive, San Pedro; Mrs. Louis Strango of 1412 252nd St., Harbor City; and Mrs. John Royal of 1044 W. Oliver St., San Pedro.

Members of the State Central Committee will meet this weekend in Sacramento for the Democratic Party state convention.



ALPHA BETA
Best for Less!

MISCELLANEOUS ITEMS

HUNT'S 8 OUNCE CAN	11¢
HUNT'S 8 OUNCE CAN	12¢
HUNT'S 8 OUNCE CAN	16¢
HUNT'S CATSUP	20¢
FRUIT COCKTAIL	25¢
BAR-B-Q SAUCE	64¢
SPAGHETTI	27¢
C & H SUGAR	58¢
CRANBERRY JUICE	75¢
PRUNE JUICE	57¢

ZEE TOILET TISSUE

4 ROLL PACK
YELLOW, WHITE, PINK, INCLUDES 4¢ OFF

32¢

GALA NAPKINS 27¢ 25¢

SCOTT TOWELS 35¢ 31¢

JOHNSON PASTE WAX 79¢ 67¢

JOHNSON PLEDGE 1.39 \$1.19

ALPHA BETA DETERGENT 49¢

ALPHA BETA DETERGENT \$1.25

GALGON WATER SOFTENER 79¢ 69¢

INSTANT FELS 81¢ 69¢

AJAX CLEANSER 25¢ 22¢

FAB DETERGENT 81¢ 69¢

BOLD DETERGENT 1.37 \$1.07

HOUSEWARES & BEAUTY AIDS

Woxzema Inst. Shave 1.29 \$1.02

LISTERINE 1.73 \$1.33

BUFFERIN TABLETS 69¢ 54¢

COETS QUILTED SQUARES

36¢

Score Hair Cream 1.09 87¢

LIFE LOTION 1.50 \$1.19

ZORIES 39¢ 29¢

Fresh Deodorant 1.25 99¢

DISCOUNT PRICED AT ALPHA BETA

SUNTAN PRODUCTS

COPPERTONE • TANYA • SEA & SKI

ARRID EXTRA-DRY 1.79 \$1.43

PAPER PLATES 89¢ 69¢

RAWHIDE CHEWS 79¢ 62¢

Flea & Tick Spray 1.49 \$1.23

ALPHA BETA FEATURES

10% DISCOUNT

ON ALL MAGAZINES, BOOKS & GREETING CARDS

fantastic... \$8.90* ^{discount} savings in this ad

Better Produce at DISCOUNT PRICES!

LOCAL GROWN • RED RIPE

TOMATOES
2 LBS. FOR **29¢**

SALAD FIXIN'S

CRISP & JUICY • WASHINGTON STATE
WINESAP APPLES 4 LBS. FOR **\$1.00**

GARDEN FRESH • LARGE SIZE
ROMAINE LETTUCE 10¢

FRESH • CRISP • LARGE SIZE
BELL PEPPERS 3 FOR **25¢**

BUTTERY RICH
LARGE AVOCADOS 25¢

YOUNG AND TENDER • 1-LB. CELLO BAG
FRESH CARROTS 10¢

DELICATESSEN & CREAMERY

4 LBS. PACKAGE • IMPORTED • SLICED
DANOLA HAM 69¢ 65¢

4 OUNCE PACKAGE • 8¢ VALUE
ALPHA BETA IMPORTED SLICED HAM 59¢

3 OUNCE PACKAGES • SLICED
LEO'S MEATS 39¢ 35¢

ALL MEAT
BOLOGNA 59¢

ALPHA BETA • 8 OZ. PACKAGE • SLICED
LUNCHEON MEAT 36¢

ALPHA BETA • WISCONSIN • MILD
CHEDDAR CHEESE 79¢

ALPHA BETA • 1/2 GALLON • 2¢ VALUE
HAPPY DAY FRUIT DRINKS 25¢

ALPHA BETA • 2 LBS. CANTON
COTTAGE CHEESE 58¢

MISCELLANEOUS ITEMS

ALPHA BETA • 3 OZ. BOTTLE • FRESH
CUCUMBER SLICES 39¢

1/2 OUNCE PACKAGE • ONION
WYLER'S SOUP 11¢ 10¢

1/2 OUNCE • CARTON
CIGARETTES 2.99 \$2.99

GREEN GIANT • 1/2 OZ. CAN • ALL GREEN
CUT ASPARAGUS 35¢ 33¢

TACK & BEANSTALK • 1/2 OZ. CAN
CUT GREEN BEANS 39¢ 36¢

CRF 104 • 1/2 OUNCE PACKAGE
INSTANT POTATOES 15¢ 14¢

PET FOODS

FRISKIES • 13 OUNCE CAN
DOG FOOD 25¢ 19¢

FRISKIES
DOG FOOD 9¢

BAKERY & CONFECTIONS

1 1/2 OUNCE CAN
PLANTER'S SPANISH PEANUTS 63¢ 56¢

8 OZ. BOX • 4 VARIETIES • 8¢ VALUE
ALPHA BETA DONUTS 34¢

1 1/2 OUNCE CAN
PLANTER'S COCKTAIL PEANUTS 69¢ 63¢

ALPHA BETA • 2 1/2 OUNCE LOAF
FRONTIER BREAD 36¢

FLUFFY
BREAD 22¢

11 OUNCE PACKAGE • ASSORTED
BURRY'S COOKIES 59¢ 54¢

10 OUNCE PACKAGE • 10¢ VALUE
ALPHA BETA DIP CHIPS 54¢

12 PACK • VANILLA
SCOOPY CUPS 27¢ 21¢

300 JAR
APPLE SAUCE 22¢

3 FLAVORS
KOOL AID 5¢ 4¢

THESE PRICES EFFECTIVE THURSDAY through WEDNESDAY AUGUST 8-14

Alpha Beta discounts all prices every single day!

Meat you can trust and at DISCOUNT PRICES too!

ALPHA BETA WESTERN **ROUND ROAST** 88¢ lb.

EASTERN QUALITY **MORRELL BACON** 49¢

Fresh • PLUMP & TENDER
FRYER PARTS 59¢ lb.

ALPHA BETA WESTERN **BONELESS ROTISSERIE ROAST** \$1.09 lb.

ALPHA BETA WESTERN **BONELESS FAMILY STEAK** 95¢ lb.

CHUCK STEAK 53¢

SHORT RIBS 39¢

ROUND STEAK 88¢

T-BONE STEAK \$1.29 lb.

LINK SAUSAGE 29¢

BREADED SHRIMP PIECES \$1.29

Fresh **BEST of the FRYER** 49¢ lb.

EXTRA LEAN **GROUND ROUND** 77¢

FAMILY FISH STICKS 65¢

U.S. GOVT. INSPECTED • FILLET OF FISH READY

ALPHA BETA WESTERN **BONELESS ROTISSERIE ROAST** \$1.09 lb.

EASTERN QUALITY **FARMER JOHN BACON** 58¢

SWIFT PREMIUM **OSCAR MAYER BACON** 69¢

FARMER JOHN • SKINLESS **LINK SAUSAGE** 29¢

PURE PORK **8-OZ. PKG.** 29¢

THESE PRICES EFFECTIVE THURSDAY through WEDNESDAY AUGUST 8-14

MISCELLANEOUS

8 OUNCE BOTTLE • 7 oz. PKG.
MACARONI & CHEESE 19¢

REGULAR • MEXICAN OR ITALIAN
MACARONI & CHEDDAR 23¢ 21¢

8 OUNCE • CHICKEN
RICERONI 37¢ 35¢

1 lb. Chee. Bologna or Chor. Fudge
NESTLE'S QUIK 49¢ 47¢

NESTLE'S • 16 OZ. CAN
CHOCOLATE SYRUP 25¢ 23¢

1-LB. CAN • ALL GRINDS
MJB COFFEE 71¢ 69¢

1-LB. CAN • ALL GRINDS
YUBAN COFFEE 75¢ 73¢

2-LB. CAN • ALL GRINDS
YUBAN INSTANT 1.24 \$1.19

MISCELLANEOUS ITEMS

15 OUNCE PACKAGE
CHEERIOS 53¢ 47¢

APPLETIME • 503 CAN
APPLE SAUCE 20¢ 17¢

HEAR THE CALIFORNIA ANGELS ON KPNC • 710 HOME GAMES This Week: New York Mon., Tues, & Wed., Aug. 12, 13, 14

Your Nearby Alpha Beta Markets Are Located at:
TORRANCE—2720 Cabrillo Ave. at Sepulveda
5130 190th St. at Anier
DOMINGUEZ HILLS/CARSON—190th St. at Avalon
REDONDO—1880 S. Pacific Coast Hwy.
LONG BEACH—1500 S. Willow at Carson

STORE HOURS
MON. THRU FRI. 10 AM to 9 PM
SAT. and SUN. 10 AM to 7 PM

ALPHA BETA
Best for Less!

THE QUALITY LEADER—THE PRICE LEADER TOO!